

MAY 2023

Thursday Speakers

4th Zander

11th Olivia M.

18th Nedra G.

25th Demetrius T.

Saturday Speakers

1st Doug R. Step 3

8th Priscilla E. Step 4 Resentment

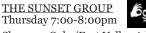
15th Max M. Step 4 Resentment

22nd Terry L. Step 4 Fear



www.SunriseSunsetGroup.org





Sherman Oaks/East Valley Adult Center 5056 Van Nuys Blvd., Sherman Oaks, CA

THE SUNRISE GROUP Saturday 8:15-9:30am St. Matthews Lutheran Church - Sanctuary Room 11031 Camarillo St., North Hollywood, CA 91602

Zoom Meetings **Information** (Zoom access available 5 minutes before start of each meeting) Meeting ID: 862 2597 2363 Password: 862020



Seventh Tradition

Visit website Events page for PayPal links.

(please denote Thursday, or Saturday when giving)

Venmo with @SunriseSunset or scan below.

Please join us *LIVE* or on Zoom for our Saturday morning Sunrise and Thursday night Sunset meetings!

"Our common welfare should come first... " (per Alcoholics Anonymous Tradition One)

We encourage you to join the interesting and insightful speakers, with voluntary member sharing and questions, at our hybrid live/Zoom meetings on Thursday evening at 7pm and Saturday morning at 8:15am.

Zoom meeting access information is detailed above.

In the interest of continuing our live/Zoom hybrid format, the live portion of the meeting will be subject to the following guidelines:

- Masks are optional but recommended indoors (covering mouth and nose)
 - Observe social distancing while indoors includes seating during the meeting
 - We will be standing in a group for the "Lord's Prayer" (joining hands optional)

We would very much like to see all our Alcoholics Anonymous members, and those struggling, in person. However, if you are not comfortable with these guidelines we certainly understand. We encourage you to join us on Zoom until we can all come back together safely.

We appreciate your understanding as we strive to bring you the safest in-person meetings possible.

CAN'T WIN

Mike had not been communicating well with his wife lately, so he asked his buddy at work, Bill, how things were going at his house. Bill replied, "Fantastic! I give her a hug and a kiss when I go home. I tell her she looks good, and I compliment her on her cooking. She really appreciates all the attention I give her."

So Mike thought he'd give it a go. When he got home, he gave his wife a huge hug, kissed her, and told her that he loved her. His wife burst into tears, Mike was confused and asked why she was crying.

She said, "This is the worst day of my life, First, little Billy fell off his bike and twisted his ankle. Then, the washing machine broke and flooded the basement. And now, you come home drunk!"





* For more information visit our website at SunriseSunsetGroup.org

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org). The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.area93.org). If you would like to contribute to this newsletter please contact the editor at SunriseSunsetGroup@Gmail.com